



YMCA

We build strong kids,  
strong families, strong communities.



# Parkview Family YMCA Rock Wall

## School Year

\*All participants must be able to fit into a YMCA's climbing harness--40 pounds and 5 years of age minimum.

\*All participants *must* wear a helmet.

\*Participants will not be permitted to wear baggy clothes, open toed shoes, or jewelry while climbing.

\*Long hair should be pulled back.

\*Parent/Child climbs may be done during the "Open Climb: Child" times.

\*Children may climb during "Open Climb: Adult"; however, adults are first.

\*Adults may climb during "Open Climb: Child"; however, children are first.

\*Participants may climb more than once; however, they must proceed to the end of the line and wait for their next turn.

\*All guests are required to sign a release form.

### Schedule:

	Mon	Tue	Wed	Thu	Fri	Saturday	Sunday	
10:00 a.m.- 12:00 p.m.						Open Climb: Child (5 - 14 years)		
12:00-2:00 p.m.						Open Climb: Adult (15+ years)		
2:00-3:00 p.m.						After School Care Program	Open Climb: Child (5 - 14 years)	Open Climb: Adult (15+ years)
3:00-4:00 p.m.								
4:00-5:00 p.m.								
5:00-6:30 p.m.						Open Climb: Child (5 - 14 years)		
6:30-8:00 p.m.	Open Climb: Adult (15+ years)							