YMCA OF GREATER FORT WAYNE

2018 BENEFITS TO THE COMMUNITY

TOGETHER, WE DISCOVER MORE
Dear Friends:

In 2008, the YMCA of Greater Fort Wayne celebrated our 150 year anniversary. The theme of that year’s celebration was “The YMCA, Proud Heritage – Exciting Future.”

As we reflect over our past accomplishments, this theme means more now than ever, because the YMCA is more relevant, meaningful and important than ever before.

We have always served kids in various ways, but in 2018, the Board of Directors and staff made a commitment through our strategic plan to focus more on the vulnerable people in our community and in our society. Teens – young men and young women – need more support from organizations like the YMCA in order to succeed in life. Over the last year the YMCA has invested more resources in order to help young people develop in spirit, mind and body. At the YMCA, we focus on youth development, which means we take a preventative approach to helping young people navigate life more successfully.

One wonderful thing about the YMCA is that we attract dedicated staff who have the passion and drive to make a difference. This is crucial in order to impact young people in positive ways.

We want every young person to reach their full potential. This is our big picture goal as we think about loving, serving and caring for others in our community.

The YMCA is proving every day that we are strengthening our community. We have a proud heritage, which compels us to have an exciting future.

We hope you enjoy reading our 2018 Benefits to the Community. No other organization serves and impacts more people than the YMCA. Thank you for supporting all that we do.

Martin L. Pastura  
President and CEO

Angela M. Hughes  
Board Chair

Justin and his Aunt Ugertha have a bright future thanks to the YMCA Youth Service Bureau.
# OUR CAUSE

We know that lasting personal and social change comes about when we all work together. That’s why at the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

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AND BRANCH BOARDS

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*After school care and homework help.*

*Students learn how to fish in the YMCA Leaders Club.*
TOGETHER IN 2018, WE...

INSPIRED 4,169 STUDENTS through STEM learning concepts at afterschool care and summer day camp programs

PROVIDED 19,128 FREE MEALS to address youth hunger in conjunction with Community Harvest Food Bank, Fort Wayne Community Schools and Emmanuel Missionary Baptist Church

ENCOURAGED 3,001 YOUTH & TEENS to experience the thrill of nature, build character and make friends at Camp Potawatomi through summer resident camp and outdoor education

TAUGHT 1,055 PEOPLE how to save lives through CPR, First Aid and AED training

EMPOWERED 264 COMPANIES to reduce health care costs and boost productivity through wellness programs and corporate memberships

OUR INFLUENCE
TOGETHER,
WE TRANSFORM EACH OTHER

OUR PRINCIPLES IN PRACTICE

Life for a teenager is complicated and challenging, even in a stable home that meets basic needs. Navigating those difficult years with limited resources and uncertainty can amplify the discomfort. For 15-year-old D’Andrea, her circumstances, coupled with a transition into a new city, new neighborhood and new school were more than she could bear. Her emotional pain manifested into poor choices and bad behavior, which lead to frequent discipline at home and at school. At the height of her despair, she ran away and eventually found herself in Juvenile Court. She was referred to SOCAP, the YMCA Youth Service Bureau’s Status Offender Court Alternative Program, whose aim is to keep youth in school and on track to graduate.

It was clear that D’Andrea had severe anxiety that stemmed from her family’s situation — she, her mother and brother arrived in Fort Wayne with limited resources and felt very isolated in a community they were trying to call home. Upon meeting the entire family, the Y met some of their immediate physical and social needs with food vouchers and a Y membership. Connecting them to the positive influence of a local church also helped them make friends.

Over time, with support from the YMCA Youth Service Bureau (YSB) Youth Advocate staff, the family of three strengthened their bond. They began envisioning the future they wanted — moving away from the past. “My daughter’s attitude has been so much better,” her mom Miesha says. “She’s not running away anymore. She’s communicating more. Everything is coming along great. The YSB staff is still helping us, and I only see us getting better.”

“D’Andrea’s transformation from a teen that society would label as ‘incorrigible,’ to a student focused on high school graduation took everyone working together,” states Executive Director, Amy Dahm Just. D’Andrea is one of 1,241 at-risk students who received these free services last year. Of the youth who complete the program, 92% avoid the juvenile justice system.

We work together — meeting each person and each family where they need us. As one life improves, families are transformed and communities become stronger.

“THE YSB STAFF IS STILL HELPING US, AND I ONLY SEE US GETTING BETTER.”
— MIESHA
OUR MISSION AT WORK

“When my son Emmanuel and I moved here from California, we hoped to call Indiana our new home. But a language barrier and Emmanuel’s speech delay presented immediate problems. Since English was his second language, a speech therapist recommended that he spend time in public places where he could interact with people who speak English. At the same time, I was struggling with postpartum depression, which caused me to gain a lot of weight. I wanted to help my son, but was overwhelmed by the thought of going out in public.

Fortunately, we were invited to come check out the new Y that came to our neighborhood. Because of the helpful staff at the Jackson R. Lehman Family Y and the Y’s financial assistance program, we were able to join. I’ve lost 59 pounds and gained a more positive outlook on life. Emmanuel’s English has progressed tremendously because of the time he’s participated in Child Watch, swim lessons and gymnastics.

We’re thankful that we’re part of a community we now call home; where everyone is encouraged to reach their full potential.”

– Aide, Jackson R. Lehman Family YMCA member
TOGETHER, WE REACH OUR POTENTIAL

YOUTH DEVELOPMENT – INFANTS TO GRADE 5

The YMCA’s commitment to early childhood enrichment prepares young children for academic success before they reach school-age — helping them to flourish. In our early learning, preschool and school-age programs, we work with families to meet the unique emotional and intellectual needs of each child. In 2018, over 3,700 children learned valuable social and academic skills in fun, safe and secure environments during YMCA early learning and afterschool programs. Together, we create learning environments where young children explore, grow and reach their potential. We’re devoted to nurturing young minds and bodies, as well as developing social skills and positive values.

Together, we work to ensure that all kids know they belong and feel empowered to pursue their dreams. We build character in tomorrow’s leaders, helping them to establish a strong sense of self and confidence to face the pop culture messages that can threaten their values.

Our caring role models help kids stay connected with their parents because we believe that when families are strong, communities thrive.
“After my parents separated, I bounced from house to house. I tried to shelter myself from the pain, but by the time I reached 5th grade, anxiety and depression had taken over my life.

I joined the YMCA because they offer 7th graders a free membership. I signed up for MOVE, the Teen Summer Series Camp that focuses on volunteering and giving back to the community, which is something I love to do. I was then invited to Leaders Training School — a one-week camp for teens focused on building leadership, character, social responsibility and so much more.

Because of the free 7th Grade Membership, I have found my second family and a passion for making a difference. I’ve helped raise $7,000 to send others to Leaders School. I am now confident, driven and hopeful because of the Y.”

– Isabella, Parkview Family YMCA member
As a well-known leader in youth development, the Y is committed to nurturing the potential of teens and adolescents by supporting their individual development journey toward self-discovery and accomplishment. Last year, we served over 47,500 youth through our transformative programming, which is available to everyone regardless of age, income or background. Together, surrounded by caring adults, we challenge youth to find their voice and prepare for a successful future as they grow into the best version of themselves.

Support and mentorship goes well beyond the pool, gym and field. Together, staff and volunteers are dedicated to supporting today’s families with vital resources and services that keep families connected and strong.

Through education and leadership programs, art and music instruction, language immersion classes, college prep courses, summer camps and service trips, youth experience transformation that results in new friends, self-confidence, and greater resilience that fuels ambition and curiosity.

“WE HAVE LEARNED THAT THE Y IS SO MUCH MORE THAN JUST A GYM.”
– TERI
YMCA MEMBER

Teens learn basic car maintenance in a Life Skills Class.

Teen program that touches on the struggles of becoming a man.
"In 2015, my husband Steve Riethmiller, an avid cyclist, suffered a traumatic brain stem injury as a result of an accident. His cognitive skills were unimpaired, but Steve lost his coordination and balance. He’s a permanent resident in a long-term care facility with limited opportunities for physical activity and mental stimulation.

Most recently, Steve has begun riding again through a YMCA adaptive program, Trail Buddies. Each week, Steve “boards” a duet bike specifically constructed to transport wheelchair riders. Assisted by one volunteer who pedals and another who rides beside them, these three trail buddies bike the nearby trails and quiet neighborhoods.

Steve proudly boasts that he is ‘one of the oldest kids’ in the program. He looks forward to his outings, getting much-needed fresh air and sunshine, and enjoying the camaraderie of his buddies while meeting and greeting fellow riders along the trail. Representing the Trail Buddies program at the Three Rivers Festival Parade was the highlight of Steve’s summer. I watched with tears of joy and gratitude as he and his buddies pedaled along the parade route. The sparkle in Steve’s eye and the grin on his face was a ‘picture worth a thousand words.’"

– Donna Riethmiller, Jorgensen Family YMCA member
In communities across northern Indiana, the Y is a leading voice in health and well-being. With a mission centered on balance, the Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests. As a result, 144,337 youth and adult members from Allen, Whitley and Wells counties grew stronger and reclaimed their health and well-being for their spirit, mind and body.

Together, people and families at the Y find strength by developing and maintaining healthy habits. Last year, we assisted 477 people in reducing their risk of developing chronic illnesses. By eliminating financial barriers and making our services available to everyone regardless of their ability to pay, we’re building a stronger community that values and supports healthy choices.

While our programs are based on the unique needs and interests of the local community, every Y has one thing in common: our people. Members, volunteers, staff and donors are all united by a deep commitment to give everyone the opportunity to learn, grow and thrive — together.

“DURING THE LIVESTRONG® PROGRAM, IT WAS SO COMFORTING TO TALK TO PEOPLE WHO KNEW EXACTLY WHAT I WAS GOING THROUGH...IT MADE ME FEEL LIKE I WASN’T ALONE.”

– JULIE BARKLEY, LIVESTRONG® AT THE YMCA GRADUATE
"I fell in love with camp during my first summer when I was just 10 years old. Camp has influenced my life in more ways than I ever thought it could.

My mom is a single parent, and although she did the very best she could, she just couldn’t afford to send me to camp. Financial aid opened a whole new world for me. I remember the day she told me that I would be able to finally go to camp — we cried happy tears. I made my packing list that day, even though it would still be a few months until I actually went.

Through the years, I have experienced many roles: camper, counselor in training, volunteer, junior counselor, senior counselor, media specialist, and creative art program director. Someone invested in me 15 years ago, and it sparked my passion for working with kids and being a role model for them.

Attending resident camp improved my self-esteem and built my character. I had the opportunity to meet new friends, try new things...all while having fun. YMCA Camp Potawotami made a difference in my life.”

– Rachel, YMCA Camp Potawotami camper / staff / alumni
TOGETHER, WE MAKE A DIFFERENCE

SOCIAL RESPONSIBILITY

We believe that by working together — as families and neighbors — we strengthen the foundation of our community. Since coming to Fort Wayne in 1858, the Y has responded to society’s most pressing needs by developing innovative, community-based solutions to help people reach their full potential. We are committed to uniting people from all walks of life and working toward positive social change. In 2018, over $3 million in membership and program subsidies were available to deserving neighbors as part of our commitment to make the Y available to all. By responding to the unique needs of our neighborhoods with services that empower all people to live healthy, connected and secure lives, we move everyone forward.

The YMCA of Greater Fort Wayne isn’t the only solution for social determinants, but we have a vision for every neighborhood to flourish. Together, through partnerships with business leaders, schools, non-profits and civic officials, we are taking bold action to help kids succeed in school, improve health and well-being, and keep families connected.

“I HAD NO IDEA HOW MUCH THE RIDERS WOULD IMPACT ME. WHAT IS VERY EASY FOR ME (PEDALING) BRINGS SUCH PLEASURE TO THESE RIDERS.”

– YMCA TRAIL BUDDIES VOLUNTEER

Teens participate in the MOVE Summer Series making improvements in the community.

Volunteering in the community with Neighborlink.
2018 ANNUAL CAMPAIGN DONORS

SPIRIT CLUB – $2,000 and Above
8:18 Fund, Rick & Penney Phillips
AEP Indiana Michigan Power Co.
Chris Angellatta
Aqua Indiana, Inc.
Bill & Linda Becker
Greg & Mary Bell
David & Annie Bobilya
Bushey’s Design Build
Kathy Callen & John Powell
Cargill, Inc.
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F.A.K. Logistics
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Richard & Carol Harris
Ashley & Conor Jackson
Legacy Automotive Inc.
Life Fitness
Lincoln Financial Group
Magee O’Connor Foundation
Fred & Joyce Malott in Honor of Greg Barnes
McMahon’s Best-One Tire & Auto Care
Mark Millett
NIPSCO
Optum Health
Otto Haas Charitable Trust
Parkview Physicians Group
Parrish Leasing, Inc.
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Pizza Hut of Fort Wayne, Inc.
PNC Financial Services Group
Precor Incorporated
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Thomas & Teresa Riethmiller
River City Rat Race
Tracy & Gretchen Shellabarger
Sarah Smith
Steel Dynamics, Inc. – Structural & Rail Division
Summit Mechanical Services, Inc.
Chuck & Lisa Surack and Sweetwater
Jeff Taner Family
Thrivent Financial
Tivity Health
Michael Votaw
Wabash Electric Supply, Inc.
Walley Family Endowment Fund
The Waterfield Foundation, Inc.

PRESIDENT’S ROUND TABLE – $1,000 to $1,999
3Rivers Federal Credit Union
A & L Cleaning, LLC
Alexin, LLC & Todd Johnson
Andrew & Christine Ables
Tracy Adams
AdamsWells Internet Telecom TV
ADP, LLC
Allstar Communications
American Family Insurance
Reimbold & Anderson
L-A Electric
Arnold, Terrill, Anzini, PC
Aspire Church
BAE Systems
Bryan Baugher Family
Tom & Sandy Beaver
Bethlehem Woods Nursing & Rehabilitation
Kendall Dudley Billows
BKD, LLP
Tom Blake
BND Commercial Real Estate Solutions
Bona Vita Architecture, Inc.
Ronald & Phyllis Brockmyer
John Brooks
Allen & Rachel Brouwer
Randall Brown
Julie Burgener
Dave & Dianne Bustos
C.H. Robinson
Canon Solutions America, Inc.
Carson LLP
Donald Cates
Cort Chillian & Kathleen Anderson and Family
Churubusco Family Dentistry
Commercial Filter Sales & Service
Jonathan Coudron
Sara Ayres Craig & Don Ayres Honda
CSI Cleaning Services
CSL Plasma
Culvers
Current Mechanical
Joseph & Dene Dahm
Dale, Huffman & Babcock
Jennifer Dalton
Dancer Concrete Design
Larry & Peg DeBolt
Deer Park Irish Pub
Delta T Mechanical
Dorset Charitable Trust
Ray & Judy Dusman
Dulin, Ward & DeWald, Inc.
Tabitha Ervin
Sheet Metal Local #20 SMACNA
Excell Color Graphics, Inc.
Amanda Fall
Felderman Design Build
Randy Fillmore
First Federal Bank of the Midwest
First Federal Savings Bank
First Source Bank
Fleet Feet Sports
Fort Wayne Anodizing
Fort Wayne Pet Hospital
Fort Wayne Printing Company, Inc.
Dr. Jill Forte
Francis Family
Frederick’s Photography
Richard Garton
Tony & LuAnn Garton, Buckets for Santa
Genesis Outreach, Inc.
Scott & Jeannine Gibble
Roy & Mary Gilliom
Jeff & Debra Gipe
Kyle & Erin Gonnerman
Alan & Maureen Grinsfelder
Daniel Guse
Hamed Homes
Adam & Ashley Hand
Hanning & Bean LLC
Hardin Family
Harkelroad Family Insurance
Dr. Elicia Harris, Womens Health Advantage
Heller Homes
Scott & Wendy Helmkamp
Craig & Janna Henney
John & Tara Henry Family
Levitate
Holley Management, Inc.
Holmes Family & Cosmetic Dentistry
Howard P. Arnold Foundation
Hupe Insurance Services
Son, Kha, Kevin & Sean Huynh
Imaging Office Systems, Inc.
Impact CNC, LLC
Harriett Inskeep
Bobby & Julie Inskeep Simpson
Jack Harrison Bell Memorial Fund
Jack Kerris Fund
Jim & Celia Jackson
David & Sara Jankowski
JPMorgan Chase
Jeffrey & Colleen Kachmann
Sarah Kakish
Kelley Automotive
Patrick & Tricia Kelly
Tom & Debbie Kimbrough
Kinniard Family
In Memory of Warren J. Sexton
Krider Dental Wellness Center
Lake City Bank
Lassus Brothers Oil Foundation
Leaders Staffing Incorporated
Gary & Ruth Leman
Marsha Link
Ken & Kathy Lizer
Longe Optical
Dave & Amanda Lucas
Lutheran Life Villages
Lynch Family
Rob & Sarah MacNeill
Ralph & Christine Magana
Chip & Kim Mann
Jim & Pat Marcuccilli
Martin Riley, Inc.
In Memory of Russel & Evelyn Fahl
Mickey McMaken Century 21 Bradley
Dr. Mark & Kristin Meier
Meinerding Family
Bruce & Linda Menshy
Jerry Henry Family
Chad & Erica Miller
Reed & Susan Miller
Meier Grandchildren
Michael & Angela Moellering
Mondelez International
Norfolk Southern Foundation
Amos Norman
Carl Nuffer & Family
OMI Orthodontics
Oral & Maxillofacial Surgery Associates
Ossian State Bank
Paint the Town Graphics
Dr. Gary Painter
Rex Parent
Parker Family
Parkview Family YMCA Teen Leader’s Club
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<td>PDQ Workholding, LLC</td>
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Edward & Mary Lou Hutter
Ideal Suburban Homes
Indiana Tech
Jasper Family
Jon & Robin Jenkins
Johnson & Johnson
Janet Kamdar
Kelly Box & Packaging Corp.
Austin Kelly
Kendall Electric, Inc.
Edward and Sarah Kistner
in Honor of Joe & Dene Dahm
Donald & Jane Langeloh
Leepoxy Plastics in Memory of Craig Keoun
and in Honor of Amos Norman
John & Laura Lefever
Colin Maiorano
Michelle Marsh
Rachael Masten
Mike McGlothlin
Micropulse, Inc
Scott Miller in Honor of Reed Miller
MSKTD & Associates
National Oil & Gas, Inc.
Tom & Helen Nill
Greg & Laura O’Daniel
Joseph O’Dell
Otten Family
Paul E. Shaffer Family Foundation
Tina Perez
Phoenix Associates, INC.
Tom & Erin Poiry
Carol Popp in Memory of Marc Hunyadi
Preferred Auto, Inc.
Jessica Ramro
Reconstructive Foot & Ankle Specialists, LLC
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