



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# A POSITIVE APPROACH TO FUN IN THE WATER

## Adaptive Swim Lessons YMCA OF GREATER FORT WAYNE



This class, designed for participants (ages 4+) who have special needs, focuses on basic water skills and adjustment to help gain confidence in the water and improve kicking and stroking ability. Participants learn to feel more positive about themselves in a safe and relaxed environment.



### Locations and Times:

- Caylor-Nickel Thursday 6-6:45pm; Call for additional times
- Jackson R. Lehman Friday 6-6:45pm
- Jorgensen Sunday 5:15-6pm, 6-6:45pm
- Parkview Sunday 6-6:45pm; 6:50-7:35pm
- Renaissance Pointe Monday 5-5:45pm, 6-6:45pm, 7-7:45pm
- Whitley County Saturday 11-11:45am
- Central Sunday 12-12:45pm

Register online  
at [fwymca.org](http://fwymca.org)  
or in branch

For more information e-mail [hereforyou@fwymca.org](mailto:hereforyou@fwymca.org)