



WELCOME BACK Y MEMBERS!

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Answers to your Frequently Asked Questions

May 20, 2020

The YMCA is dedicated to the health and safety of our members, staff, and community. We know that exercise is a proven immunity-booster and that exercise as a part of a healthy lifestyle is vital to overall health and well-being. We also understand the mental and emotional dangers of social isolation. The Y aims to help members meet their physical, social, and emotional needs while also offering a safe and healthy environment.

The Y is reopening on Tuesday, May 26th taking advice and recommendations from national, state, and local sources based on our industry.

Q: "Will the hours of the building and class schedule be different?"

A: "We understand the new normal looks different for everyone. Some people will be eager to return, others will be more hesitant. We are here for you and respect your decisions. Hours and schedules will be different. We will continue to add classes and revisit our hours of operation. Please check our website and app for the most recent class and schedule changes."

Q: "What additional cleaning is the Y doing? With what and how?"

A: "We have scheduled additional staff to clean and sanitize equipment, locker rooms, and shared spaces. Disinfectant misting will be completed daily in weight rooms and locker rooms. The hospital grade disinfectants currently used throughout the facility kills the Coronavirus. Every night, a professional cleaning company or trained Y staff conduct nightly deep cleaning and sanitizing of the facility."

Q: "Why are the gyms and racquetball courts closed?"

A: "The courts will be reserved only for staff led classes and programs that can use social distancing. Sports like Basketball, Racquetball, Volleyball, and Squash are contact sports and cannot be played at a distance."

Q: "Why can't I bring guests at this time?"

A: "We ask that you do not bring guests at this time so that we may serve our members to the best of our ability. As we all need to spread out and practice social distancing, space is more limited than normal."

Q: "Is the pool safe? When will the outdoor pools and splash parks be open?"

A: "Our pools are carefully maintained and are disinfected with chlorine and/or bromine. Everyone should continue to protect themselves and others at our water venues both in and out of the water by practicing social distancing and good hand hygiene. Our outdoor pool at the Jorgensen Family YMCA and our splash parks at the Parkview & Renaissance Pointe YMCAs will also be open."

Q: “Will there be summer camp this year?”

A: “With six weeks of experience operating emergency childcare and reopening YMCA care on May 11, we plan to run summer camps. We look forward to summer days filled with campers celebrating accomplishments, making memories and making friends. We are actively implementing recommendations from national, state, and local resources to ensure we stay up-to-date on COVID-19 and how it affects safe camp practices.”

Q: “When will other youth programs restart?”

A: “We are planning youth programs with additional safety measures in place to begin after July 4th, 2020. We will restart these programs based on recommendations by national, state and local sources.”

Q: “What does social distancing look like in the locker room?”

A: “Please abide by the recommended 6 feet of social distancing as much as possible. We are asking all members to bring a lock and utilize every 4th locker to help spread people out. We appreciate your patience if the locker room is busy.”

Q: “What is expected of YMCA members during this time?”

A: “We ask that all members and staff practice social distancing of 6 feet between people. Members will be encouraged to bring and wear a mask in common areas. Masks do not have to be worn during your workout, but we recommend wearing a mask whenever safely possible. Please wipe all equipment as well as spray bottles before and after each use (treadmills, weights, etc.) Please practice the 3 C’s of cover, clean and contain. Please stay home if you are sick or may have been exposed to COVID-19. Grace, understanding and respect to all those that are sharing this YMCA is appreciated.

Q: “Are there other areas in the Y that will not be available? Why?”

A: “Areas that are extremely difficult to maintain social distancing and keep clean will remain closed for the time being. Indoor and outdoor playgrounds, whirlpools, steam rooms, saunas and climbing walls will remain closed. Please check our website for updates.”

Q: “Why was the Wellness Center/Weight Room closed for cleaning?”

A: “We apologize for the inconvenience. Wellness centers and free weight areas will be shut down temporarily for approximately one hour throughout the day for additional sanitizing. Please check with your local YMCA branch/website for specific closure times.”

The YMCA is a community of people who need each other now more than ever. Together we will persevere through these difficult times. We thank you in advance for extra effort from everyone to keep our Y’s safe so that members and staff can continue to learn, grow and thrive at the Y.

As always, we want to hear your feedback and concerns. Please check our website at www.fwymca.org and the YMCA app at www.fwymca.org/app for updated information.

Thank you for sticking with the Y!