



Al and YMCA employee Abby

# GIVE FOR A BETTER US



## Youth Development

All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of caring adults who believe in their potential. We see every interaction with young people as an opportunity for learning and development—all grounded in the Y's core values of caring, honesty, respect and responsibility.



## Healthy Living

We help people and families build and maintain habits that improve their everyday lives. By helping kids, adults, families and seniors from all walks of life improve their health and well-being, we build a stronger community.



## Social Responsibility

With our doors open to all, we bring together people from all backgrounds, to support those in need. We take on the most urgent needs in our community and inspire a spirit of service in return. Our members, volunteers, supporters and staff demonstrate the power of what we can achieve by giving back together.

>>> Your donation goes directly to help people like Al

"Physical and emotional fitness remains vitally important to me as an adult with a muscle condition approaching my senior years. Before coming to the YMCA, my blood pressure was high, I needed to lose weight, and my muscles were stiff.

When I walked into the Jackson R. Lehman YMCA, I immediately fell in love with the friendly, non-judgmental environment. The membership staff went above and beyond to provide an affordable membership plan. The staff seems to enjoy working at the Y and are always smiling!

The YMCA facility is colorful, spacious, clean, and airy. It is a friendly place for the whole family. Just being at the Y and working out helps me de-stress and escape the challenges in our world right now.

I was amazed at the variety of equipment, and I feel very safe with the knowledgeable wellness coaches. With their help, I have become more confident in using the machines and have learned proper lifting techniques.

Since joining the YMCA, I have lost 20 pounds, my blood pressure is decreasing, and my chiropractor has noticed greater flexibility and increased muscle tone.

Because of my time at the Y, I feel like I have been given a new lease on life. I am thankful that the Y welcomes and works with all people to help them achieve their physical and wellness goals. The YMCA makes fitness accessible for everyone."

-Al

## Your Gift In Action

**Every dollar donated to the Jackson R. Lehman Family YMCA Annual Campaign has a lasting impact on our community. In 2021, 8,058 people participated at the Y because of financial assistance.**

**\$145**

Gets 1 child into a week of fun, friendship, and memories at summer day camp.

**\$210**

Keeps 1 child safe and confident around water through a year of swim lessons.

**\$300**

Sponsors participation for half of a youth basketball team where kids learn teamwork and sportsmanship.

**\$600**

Helps an older adult stay connected with friends and become healthy at the Y.

**\$1,300**

Gets a child off the couch and into 9 weeks of fun, friendship, and memories at summer day camp.

**\$2,500**

Inspires 1 class of 10 cancer survivors to gain strength and reclaim wellness through LiveStrong® at the Y.

## Through Your Generosity, Together We Will:

- Cultivate the character of tomorrow's leaders as they participate in youth and government programs that emphasize the importance of seeing different viewpoints.
- Give youth hope and older adults purpose through meaningful connections with their community.
- Provide opportunities for everyone to participate at the Y, regardless of their age, income or background.



# GIVE



**ONLINE:**  
[fwymca.org/give](https://fwymca.org/give)



**BY MAIL:**  
Attn: Jackson R. Lehman Family YMCA  
Annual Campaign  
347 West Berry Street, Suite 500  
Fort Wayne, IN 46802



**BY PHONE:**  
Tabitha Ervin  
District Executive Director  
Jackson R. Lehman Family YMCA  
260.755.4914

The YMCA of Greater Fort Wayne is a not-for-profit organization whose mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.



**ANNUAL  
CAMPAIGN**

# GIVE FOR A BETTER US

**Annual Campaign**  
**JACKSON R. LEHMAN  
FAMILY YMCA**