

## GIVE FOR A BETTER US

"This year marks our 9th year of being YMCA members, and we LOVE it!

Being physical therapists, we are advocates of health and wellness. We believe in the importance of exercise to improve our health. Exercise enhances not only our bodies and physical abilities but also our mind and spirit.

The YMCA has helped us train for half and full marathons by having equipment and running tracks available to train and run the miles needed. We also love that the steam room and hot tub are there to help us relax and recover for use after working out or a long day at work to help us relax and recover.

It has become part of our family. We appreciate the Child Watch program so we can get our workout done while our kids are also having fun. Our twins have attended swim lessons since they were ten months old, and as they have gotten older, they have participated in numerous other YMCA activities. We enjoy the outdoor pool as a family during the summertime – it is our go-to activity.

We chose to stay and continue our membership during the pandemic because we are committed to a healthier lifestyle. Thank you, Jorgensen Family YMCA, for making this possible." -Mayoralgo Family



### Youth Development

All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of caring adults who believe in their potential. We see every interaction with young people as an opportunity for learning and development—all grounded in the Y's core values of caring, honesty, respect and responsibility.



#### **Healthy Living**

We help people and families build and maintain habits that improve their everyday lives. By helping kids, adults, families and seniors from all walks of life improve their health and wellbeing, we build a stronger community.

#### **Social Responsibility**

With our doors open to all, we bring together people from all backgrounds, to support those in need. We take on the most urgent needs in our community and inspire a spirit of service in return. Our members, volunteers, supporters and staff demonstrate the power of what we can achieve by giving back together.

## >>> Your donation goes directly to help families like the Mayoralgos.

## **Your Gift In Action**

Every dollar donated to the Jorgensen Family YMCA Annual Campaign has a lasting impact on our community. In 2021, 5,292 people participated at the Y because of financial assistance.

\$145	Gets 1 child into a week of fun, friendship, and memories at summer day camp.
\$210	Keeps 1 kid safe and confident around water through a year of swim lessons.
\$300	Sponsors participation for half of a youth basketball team where kids learn teamwork and sportsmanship.
\$600	Helps an older adult stay connected with friends and become healthy at the Y.
\$1,300	Provides a teen with one year of structured afterschool activities, healthy snacks and homework help.
\$2,500	Inspires 1 class of 10 cancer survivors to gain strength and reclaim wellness through LiveStrong <sup>®</sup> at the Y.

## Through Your Generosity, Together We Will:

- Cultivate the character of tomorrow's leaders as they participate in youth and government programs that emphasize the importance of seeing different viewpoints.
- Give youth hope and older adults purpose through meaningful connections with their community.
- Provide opportunities for everyone to participate at the Y, regardless of their age, income or background.

# GIVE

R

ONLINE: fwymca.org/give



**BY MAIL:** Attn: Jorgensen Family YMCA Annual Campaign 347 West Berry Street, Suite 500 Fort Wayne, IN 46802 BY PHONE: Scott Helmkamp District Executive Director Jorgensen Family YMCA 260.755.4820

The YMCA of Greater Fort Wayne is a not-for-profit organization whose mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

