



Chloe and Sophie Metz with Youth Advocate Chelsi Lawson

### By helping youth access the Y, you:

- Give vulnerable youth hope for their future through **crisis intervention services**.
- Cultivate the character of tomorrow's leaders through **leadership development and career readiness programs**.
- Provide personal growth through opportunities for achievements, connections and **character development**.
- Ensure opportunities for all young people to participate at the Y, regardless of age, income or background.

"Allen County Juvenile Court referred the Metz twins to the YMCA's SOCAP (Status Offender Court Alternative Program) due to truancy. It was clear that the teens had a unique bond but were suffering from emotional trauma, anger, depression, and did not trust authority.

The girls were absent 110 of 180 school days. When they did attend school, there were often verbal and physical altercations with others. Due to lack of coping skills they were failing classes, falling behind on credits, and got suspended.

Youth Advocate Chelsi Lawson worked to build positive rapport and trust while helping the girls express themselves as individuals. Chelsi was able to establish counseling services while working with the school to develop a positive action plan.

While the girls were in the Y's program, each decided to make changes. Sophie and Chloe began to attend school consistently, work hard academically, and support each other to get back on track to graduate. Chelsi and the school officials collaborated to provide the girls with the resources, support, and encouragement needed to be successful. On track to graduate, the girls have their sights set on going into the field of holistic medicine."

-Chloe and Sophie Metz

When you support the Y, you give young people a chance at a brighter future, foster healthy lifestyles and help build vibrant communities right where you live.



# Your Gift In Action

Every donation to the YMCA Annual Campaign has a powerful impact on the youth in our community.

<b>\$160</b>	Allows a child to accomplish new things, build friendships and develop character at a week of summer day camp.	<b>\$806</b>	Sends 1 child to a week of overnight summer camp where they build self-confidence and increase self-esteem.
<b>\$250</b>	Prevents 1 youth from becoming a victim of sex trafficking.	<b>\$1,250</b>	Provides a teen with one year of structured after school activities, healthy snacks and homework help.
<b>\$300</b>	Sponsors half a youth basketball team where kids learn teamwork and sportsmanship.	<b>\$2,500</b>	Mentors and supports a troubled adolescent for 1 year, helping them address childhood trauma, gain confidence and focus on high school graduation.

The YMCA of Greater Fort Wayne is a not-for-profit organization whose mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

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**ONLINE:**  
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