



PARKVIEW PULSE

FEB
2020

Parkview
Family YMCA

10001 Dawson's Creek Blvd
Fort Wayne, IN 46825

260-497-9996
FWYMCA.org

MARK YOUR CALENDAR



Event Name	Event Date	Event Time	Event Location
Summer Camp Registration Opens	Feb 1st	12am	Online Fwymca.org
AOA Canvas & Paint	Feb 8th	12pm-2pm	Room BCD
Parent Night Out	Feb 14th	6pm-10pm	Room BCD
Family Formal	Feb 21st	6pm-8pm	Gym B
Winter II Session Begins	Feb 24th	Programs Vary	Varies

HEALTHY LIVING



NEW GROUP EXERCISE CLASSES/TIMES ADDED

BARRE (ML) - Ballet-inspired workout that combines elements of dance, yoga, Pilates and strength training, along with stretching. Chairs will be used for balance. New class times: Monday & Friday at 6:30am.

ENHANCEFITNESS® (ML) - A senior based fitness and arthritis management program that focuses on increasing cardiovascular endurance, strength, balance, and flexibility. New class times Monday, Wednesday & Friday at 1:15pm.

CYCLE SCULPT (ML) - Incorporates various cycle rides by using resistance and speed controls. Includes muscle conditioning. A tag is required for this class. Tags can be picked up 30 minutes prior to class at the Membership Services Scan Station. One tag per member. New Class times: Monday & Friday at 8:00am

YOUTH DEVELOPMENT



YOUTH SOCCER

Registration is still being accepted for Indoor Soccer through February 23rd. The season will run from March 14th-April 25th. As always we are looking for volunteer coaches. If you are interested or have questions contact Juwan Turner, Sports Director at 260-755-4904.

PARENTS NIGHT OUT

This month our Parents Night Out is on Valentines Day! Have a night on the town while we entertain your child. Open to children ages 4-10. \$15.00 per child. Dinner, swimming, crafts and more!

A GENERATION OF VOICES

Teens from Parkview YMCA's Youth and Government Program will be traveling to the state capital building this month to propose new bills that have been created, researched and written by them.

BE THE DIFFERENCE

Currently hiring for Summer Camp Counselors. Must be available May 25th-Aug 7th, 2020

UPCOMING EVENTS



DANCE THE NITE AWAY

FAMILY FORMAL

Feb. 21st, 2020
6:00pm-8:00pm
Cost: \$15 per family



★ CONNECT ★

KEEP IN TOUCH WITH THE Y APP



Available on Iphone, Ipad and Andriod devices.

Search: YMCA of Greater Fort Wayne in your apple or google play store.

FOLLOW US

Stay up to date with our daily facebook posts. Contests, events, programs and more can be found by liking Parkview Family YMCA.



SOCIAL RESPONSIBILITY



CREATE OPPORTUNITY

YMCA ANNUAL CAMPAIGN

Your gift matters.

The Y is for all and our Annual Campaign provides scholarships for programs and memberships. It is our policy that no one be turned away due to the inability to pay.

DONATE: FWYMCA.org