MARK YOUR CALENDAR

<table>
<thead>
<tr>
<th>Event Name</th>
<th>Event Date</th>
<th>Event Time</th>
<th>Event Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>YMCA Closed for Labor Day</td>
<td>Sept 7</td>
<td>All Day</td>
<td>Parkview Family YMCA</td>
</tr>
<tr>
<td>Parents Night Out</td>
<td>Sept 11</td>
<td>6:00p-9:00p</td>
<td>Room BCD</td>
</tr>
<tr>
<td>Fall 1 Programs Begin</td>
<td>Sept 14</td>
<td>Ongoing</td>
<td>Fwymca.org</td>
</tr>
<tr>
<td>Friday Night Live Dodgeball</td>
<td>Sept 19</td>
<td>6pm-9pm</td>
<td>Gym B</td>
</tr>
</tbody>
</table>

HEALTHY LIVING

Did you know that healthy living is more than working out? At the Y we encourage our members to engage in activities that enhance their spirit, mind and body. Check out some different offerings Parkview Y has to offer:

Music Lessons
- Guitar
- Ukulele
- Piano
- Violin

Cultural Classes
- Learn beginners Spanish
- Fueling Your Faith Retreat
- Enneagram Trainings

UPCOMING SPORTS

VOLLEYBALL SEASON
Oct 31-Dec 19
Grades 1-8
Members: $40.00
Participants: $80.00
Register by Oct 4

CONNECT ★

WELCOMING WEEK!
The Y is celebrating Welcoming Week Sept 12–20. Be sure to look for events and ways to get involved around our YMCA

FOLLOW US ON SOCIAL MEDIA
Stay up to date with our daily posts. Contests, events, programs and more can be found by following: @ParkviewFamilyYMCA

YOUTH DEVELOPMENT

Learn about our new teen programs by going to fwymca.org or email Ron_Short@fwymca.org

SOCIAL RESPONSIBILITY

TRAIL BUDDIES VOLUNTEER

MAKE A DIFFERENCE
Welcome to Trail Buddies of the YMCA of Greater Fort Wayne! Trail Buddies invites people who have a disability and are unable to pedal a bike the chance to ride the trail around the Parkview Family YMCA. Contact Rebekah Coffey for more information: Rebekah_coffey@fwymca.org

WE HAVE THE RIGHT TO BE HEARD
Youth & Government
PARKVIEW FAMILY YMCA
begins in Sept | Grades 7–12

COME TOGETHER