



Shari Barcalow with her Zumba class, Zumba instructor Zarifa, and Shari's family.



# GIVE FOR A BETTER US



## Youth Development

All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of caring adults who believe in their potential. We see every interaction with young people as an opportunity for learning and development—all grounded in the Y's core values of caring, honesty, respect and responsibility.



## Healthy Living

We help people and families build and maintain habits that improve their everyday lives. By helping kids, adults, families and seniors from all walks of life improve their health and well-being, we build a stronger community.



## Social Responsibility

With our doors open to all, we bring together people from all backgrounds, to support those in need. We take on the most urgent needs in our community and inspire a spirit of service in return. Our members, volunteers, supporters and staff demonstrate the power of what we can achieve by giving back together.

>>> Your donation goes directly to help people like Shari

"I started coming to the Y in 2018 after bringing a fourth child into our home (a 17-month-old, through adoption). I knew I needed to start taking care of my health, but to do that, I needed childcare. Thankfully, the Y helped us financially.

For the first two years, I only used the fitness area. Eventually, I found myself following the sound of music which lead me to a Zumba class. I watched the fun classes on two occasions, trying to talk myself into going in. Zarifa, the instructor, even invited me in. I said no at first, but went the next time.

Thirteen months later, I am proud to say that I still go to the same class and love it! When I started, I was awful at the moves. I still don't follow everything, but my confidence has grown, and I am stronger for it. Zarifa is an encourager -- never making anyone feel dumb but pushes us to give more -- which is huge in a class like this!

The people in that class have become another little sense of community for me. I look forward to seeing them twice a week.

Our youngest LOVES childcare. Every day he is there, he tells me which friends were there. I don't worry about whether he will be ok; when we walk in, the Y workers all welcome him by name.

The Y is a gift to our family!"

-Shari

## Your Gift In Action

Every dollar donated to the Parkview Family YMCA Annual Campaign has a lasting impact on our community. In 2021, 5,688 people participated at the Y because of financial assistance.

- \$145** Gets 1 child into a week of fun, friendship, and memories at summer day camp.
- \$210** Keeps 1 kid safe and confident around water through a year of swim lessons.
- \$300** Sponsors participation for half of a youth basketball team where kids learn teamwork and sportsmanship.
- \$600** Helps an older adult stay connected with friends and become healthy at the Y.
- \$1,300** Provides a teen with 9 weeks of summer day camp where they will build confidence through service projects and hands on leadership experiences.
- \$2,500** Inspires 1 class of 10 cancer survivors to gain strength and reclaim wellness through LiveStrong® at the Y.

## Through Your Generosity, Together We Will:

- Cultivate the character of tomorrow's leaders as they participate in youth and government programs that emphasize the importance of seeing different viewpoints.
- Give youth hope and older adults purpose through meaningful connections with their community.
- Provide opportunities for everyone to participate at the Y, regardless of their age, income or background.



# GIVE



**ONLINE:**  
[fwymca.org/give](http://fwymca.org/give)



**BY MAIL:**  
Attn: Parkview Family YMCA  
Annual Campaign  
347 West Berry Street, Suite 500  
Fort Wayne, IN 46802



**BY PHONE:**  
Amy Griffith  
Executive Director  
Parkview Family YMCA  
260.755.4848

The YMCA of Greater Fort Wayne is a not-for-profit organization whose mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.



**ANNUAL  
CAMPAIGN**

# GIVE FOR A BETTER US

**Annual Campaign  
PARKVIEW FAMILY YMCA**