August 3, 2020 (this document will be updated as the situation changes)
These parent FAQs are to help communicate guidelines to best keep our children, staff, and families healthy and safe during these unique times. We will follow recommendations of the local, state, and federal government. We always take great care regarding the sanitation, health, and safety in our programs; however, due to COVID-19 public health crisis developments we will modify our systems to keep health and safety a top priority.

Q: Is it safe for my child to participate in swim team?
A: According to the CDC, there is no evidence that COVID-19 can spread through the water used in properly treated pools. We are implementing social distancing guidelines and other restrictions within our swim team program to ensure the health and well-being of all children and staff.

Q: Will there be screening processes in place for children and staff?
A: All staff will be required to complete a daily health screen for any symptoms of illness or fever prior to each shift. We rely on parents and guardians to not bring their children if they are showing any active symptoms such as fever, cough, or shortness of breath. Anyone with a fever of more than 100.4F may not return for 48 hours after the fever has broken without fever reducing medications. In addition, children will be asked to apply hand-sanitizer when they arrive and before they leave.

Q: What if a known family member has a confirmed case of COVID-19?
A: If the child or anyone in the home was in direct contact with someone with COVID-19, families must inform the YMCA ASAP. The child will be required to stay out of swim team for at least 14 days.

Q: Will staff have to wear masks? What about children?
A: In compliance with the Governor’s Executive Order on masks, the YMCA will ask that all staff and program participants 8 years old and up wear a mask at the YMCA while not engaged in physical activity. While not required, masks are strongly recommended for children ages 2-7. Exceptions include medical purposes, physical activity, eating and drinking, places where your mask would get wet, and outside activities that can be social distanced at six feet or more.

Q: What is expected from parents at this time?
A: We ask for open communication and feedback as we navigate this unique time together. If parents are not going to utilize the YMCA while their child is practicing then we ask that they wait in their car until practice is complete.
Q: How is social distancing practiced within swim team?
A: In order to reduce the amount of close interaction with participants, we have implemented some changes to our team. To meet the social distancing guidelines, we will limit the number of swimmers to four per lane. This will allow for proper social distancing in the water and on the pool deck. In order to maximize the most number of swimmers participating in swim team, practices will be modified accordingly.

For swim meets, we are limiting to only dual meets and no invitationals. We are working on technology to live stream the meets so spectators can watch from their own device inside the Y or their home to reduce the number of spectators on the deck.

Q: What other precautions will be in place?
A: All swim team equipment will be disinfected by staff before and after each practice. Seating areas have been reduced and people on deck will be asked to abide by the 6 foot social distancing guidelines.

Drinking fountains will remain closed, swimmers will need to bring their own water bottle.

Q: What other information should be considered?
A: We ask that participants arrive in their swimsuits to eliminate use of locker rooms and arrive as close to your practice time as possible. In order to decrease the amount of people on pool deck we ask that you leave the pool area as reasonably possible after practice as well.

As more developments occur regarding the COVID-19 public health crisis, we will continue to evaluate how we move forward with programming and supporting the community. We will continue to monitor and follow new guidelines from the local, state, and federal agencies. Thank you for patience and understanding. Should you have any questions or concerns, please let us know!