



Renaissance Pointe YMCA

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Spring - 2023 Program Listing

Spring Session 4/10-5/28
Registration Mbr. 3/27, Prog. Part. 4/3

Program Name	Session Name	Age Range	Day	Time	Member Fee	Program Participant Fee
Christian Emphasis Programs						
	Faith Based Baptism			No Time Specified	\$20.00	\$35.00
Dance Classes						
	Mexican Folkloric Dance - DROP IN SINGLE CLASS	4 to 104	Mon. Sat.	5:00 PM - 5:45 PM	\$3.00	\$5.00
	Mexican Folkloric Dance - Monday & Saturday	4 to 104	Mon. Sat.	5:00 PM - 5:45 PM	\$30.00	\$50.00
Entrepreneurship and Social Equity						
	2022-23	13 to 113	Wed.	5:00 PM - 6:00 PM	\$0.00	\$0.00
Home School Programs						
	Age 3-5 (Swim)	3 to 5	Mon.	10:30 AM - 11:00 AM	\$30.00	\$67.50
	Age 6-12 (Swim)	3 to 5	Mon.	11:00 AM - 11:45 AM	\$35.00	\$78.50
New Member Receptions						
	04/12/2023		Wed.	6:00 PM - 6:30 PM	\$0.00	\$0.00
	05/10/2023		Wed.	6:00 PM - 6:30 PM	\$0.00	\$0.00
Parents Night Out						
	Pool Edition (03/31/2023)	5 to 13	Fri.	7:00 PM - 9:00 PM	\$15.00	\$25.00
	Pool Edition (04/28/2023)	5 to 13	Fri.	7:00 PM - 9:00 PM	\$15.00	\$25.00
	Pool Edition (05/26/2023)	5 to 13	Fri.	7:00 PM - 9:00 PM	\$15.00	\$25.00
Personal Training						
	Personal Training Packages			No Time Specified	See Branch	N/A
Personal Training Consultation						
	Renaissance Pointe (Southeast Fort Wayne)	18 to 118		No Time Specified	\$0.00	\$0.00
Swim Camp						
	Barracuda Swim Camp (Monday & Thursday)	6 to 16	Mon. Thurs.	5:00 PM - 6:00 PM	\$74.00	\$166.00
	Barracuda Swim Camp (Monday)	6 to 16	Mon.	5:00 PM - 6:00 PM	\$37.00	\$83.00
	Barracuda Swim Camp (Thursday)	6 to 16	Mon.	5:00 PM - 6:00 PM	\$37.00	\$83.00
Swim Lessons - Age 6mos-3yrs (Parent/Child) (A&E)						
	Friday 5:00pm	0 to 3	Fri.	5:00 PM - 5:30 PM	\$30.00	\$67.50
	Saturday 09:30am	0 to 3	Sat.	9:30 AM - 10:00 AM	\$30.00	\$67.50
	Wednesday 5:30pm	0 to 3	Wed.	5:30 PM - 6:00 PM	\$30.00	\$67.50
	Saturday 10:05am	3 to 5	Sat.	10:05 AM - 10:35 AM	\$30.00	\$67.50
Christian Emphasis Programs						



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Keeping in touch with our Christian roots, the Renaissance Pointe YMCA is here to provide an convenient walk in entry and shallow depth warm water pool. We have worked with several large and small groups throughout the community, providing a safe and enjoyable space for every baptism.

Dance Classes

Join this fun group of Cultural Dancers as we explore the world of Mexican Folkloric Dance. You will learn of the rich traditions and folk tales told through the art of dance. Basic steps, styles, and rhythms of dance are taught through traditional Mexican Dance Techniques. Instructor Margarita has great experience leading through her group Los Ameneceres de Mexico throughout Fort Wayne, IN and welcomes ALL (young/ old, Male/ Female) to participate in this beautiful cultural dance artform.

Entrepreneurship and Social Equity

The Renaissance Pointe YMCA is launching a new Entrepreneurship and Social Equity Program that will impact our youth, their parents and other community members. Entrepreneurship has been researched and proven to help shrink the gap of social inequalities that face low-income and minority individuals. Our program will focus on: Creating your own wealth using skills and innovation, Providing skills for life including team-work problem solving, critical thinking and academic performance, Becoming more independent and financially sustainable.

Home School Programs

Children engage in group swim that helps to build self-confidence, gain skills in the pool and socialize with other homeschoolers while having fun!

New Member Receptions

A gathering where new members can get to understand the YMCA and its members.

Parents Night Out

Parents and caregivers enjoy a couple hours of free time while we entertain your children here at the Renaissance Pointe YMCA for a splashing themed Kids Night Out! Featuring swimming, water safety, games, music and PIZZA!

Personal Training

Start your workout off right by working one-on-one with a certified personal trainer. An individualized program will be designed to help reach your health and wellness goals.

Personal Training Consultation

Register for a personal trainer to contact you to set up an initial appointment to explore personal training or continue on your training journey!

Swim Camp

Swim Team Prep Camp for conditioning and focuses on stroke technique and prepares swimmers for swim clubs and teams. Able to swim a 25 forward crawl and backstroke and be green band approved; may have a basic understanding of additional strokes.

Swim Lessons - Age 6mos-3yrs (Parent/Child) (A&E)

Parents accompany child; introduces infants and toddler to aquatic environment through exploration and encourages them to enjoy themselves while learning about the water

Swim Lessons - Age 3-5yrs (1-4 Water Acclimation-Stroke Introduction)

Wednesday 6:00pm

3 to 5

Wed.

6:00 PM - 6:30 PM

\$30.00

\$67.50



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Swim Lessons - Age 3-5yrs (1&2-Water Acclimation & Movement)						
Friday 5:30pm	3 to 5	Fri.	5:30 PM - 6:00 PM	\$30.00	\$67.50	
Saturday 10:05am	3 to 5	Sat.	10:05 AM - 10:35 AM	\$30.00	\$67.50	
Swim Lessons - Age 3-5yrs (3&4-Water Stamina & Stroke Introduction)						
Friday 6:00pm	3 to 5	Fri.	6:00 PM - 6:30 PM	\$30.00	\$67.50	
Saturday 10:05am	3 to 5	Sat.	10:05 AM - 10:35 AM	\$30.00	\$67.50	
Swim Lessons - Age 6-12yrs (1-3 Water Acclimation, Mvmt, Stamina)						
Thursday 5:30pm	6 to 12	Thurs.	5:30 PM - 6:15 PM	\$35.00	\$78.50	
Tuesday 5:30pm	6 to 12	Tues.	5:30 PM - 6:15 PM	\$35.00	\$78.50	
Wednesday 6:00pm	6 to 12	Wed.	6:00 AM - 6:45 AM	\$35.00	\$78.50	
Swim Lessons - Age 6-12yrs (1&2 -Water Acclimation & Movement)						
Saturday 10:45am	6 to 12	Sat.	10:45 AM - 11:30 AM	\$35.00	\$78.50	
Swim Lessons - Age 6-12yrs (3&4-Water Stamina & Stroke Introduction)						
Saturday 10:45am	6 to 12	Sat.	10:45 AM - 11:30 AM	\$35.00	\$78.50	
Swim Lessons - Age 6-12yrs (4-6 Stroke Intro, Development, Mechanics)						
Thursday 5:00pm	6 to 12	Thurs.	5:00 PM - 5:45 PM	\$35.00	\$78.50	
Tuesday 5:00pm	6 to 12	Tues.	5:00 PM - 5:45 PM	\$35.00	\$78.50	
Swim Lessons - Family Lessons						
Family Swim Lessons			No Time Specified	\$188.00	\$288.00	
Swim Lessons - Teen & Adult						
Adult - Thursday 6:15pm	18 to 100	Thurs.	6:15 PM - 7:00 PM	\$35.00	\$78.50	
Adult - Tuesday 6:15pm	18 to 100	Tues.	6:15 PM - 7:00 PM	\$35.00	\$78.50	
Age 13+ - Saturday 11:30am	13 to 100	Sat.	11:30 AM - 12:15 PM	\$35.00	\$78.50	
Teen - Thursday 5:30pm	13 to 17	Thurs.	5:30 PM - 6:15 PM	\$35.00	\$78.50	
Teen - Tuesday 5:30pm	13 to 17	Tues.	5:30 PM - 6:15 PM	\$35.00	\$78.50	
Swim Lessons - Adaptive						
Monday 5:00pm	0 to 100	Mon.	5:00 PM - 5:30 PM	\$30.00	\$67.50	
Monday 5:30pm	0 to 100	Mon.	5:30 PM - 6:00 PM	\$30.00	\$67.50	
Monday 6:00pm	0 to 100	Mon.	6:00 PM - 6:30 PM	\$30.00	\$67.50	
Monday 6:30pm	0 to 100	Mon.	6:30 PM - 7:00 PM	\$30.00	\$67.50	
Swim Lessons - Private Swim Lessons						
Private Lessons - 3 sessions			No Time Specified	\$75.00	\$150.00	

Swim Lessons - Age 3-5yrs (1-4 Water Acclimation-Stroke Introduction)						
Participants learn personal water safety and achieve basic swimming by learning bench mark skills						
Swim Lessons - Age 3-5yrs (1&2-Water Acclimation & Movement)						
Participants learn personal water safety and achieve basic swimming by learning bench mark skills						



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Swim Lessons - Age 3-5yrs (3&4-Water Stamina & Stroke Introduction)

Participants learn personal water safety and achieve basic swimming by learning bench mark skills

Swim Lessons - Age 6-12yrs (1-3 Water Acclimation, Mvmt, Stamina)

Participants learn personal water safety and achieve basic swimming by learning bench mark skills/ having mastered the fundamentals and learning additional water safety skills, stroke technique and developing skills prevent chronic diseases, increase social-emotional and cognitive well-being, and foster a lifetime of physical activity.

Swim Lessons - Age 6-12yrs (1&2 -Water Acclimation & Movement)

Participants learn personal water safety and achieve basic swimming by learning bench mark skills

Swim Lessons - Age 6-12yrs (3&4-Water Stamina & Stroke Introduction)

Participants learn personal water safety and achieve basic swimming by learning bench mark skills/ having mastered the fundamentals and learning additional water safety skills, stroke technique and developing skills prevent chronic diseases, increase social-emotional and cognitive well-being, and foster a lifetime of physical activity.

Swim Lessons - Age 6-12yrs (4-6 Stroke Intro, Development, Mechanics)

Participants learn personal water safety and achieve basic swimming by learning bench mark skills/ having mastered the fundamentals and learning additional water safety skills, stroke technique and developing skills prevent chronic diseases, increase social-emotional and cognitive well-being, and foster a lifetime of physical activity.

Swim Lessons - Family Lessons

Personal Attention To Your family Needs-Family lessons are offered for those who prefer learning as a family and at their own pace. To request family swim lessons please inquire at the Member Services Desk. You will be contacted by the aquatics department when an instructor matching your requirements has been found.

Swim Lessons - Teen & Adult

Participants will learn and develop water skills, stroke technique and water safety

Swim Lessons - Adaptive

Participants will learn and develop water skills, stroke technique and water safety

Swim Lessons - Private Swim Lessons

Private Lessons - 3 sessions

Teen Programs

Teen Music Production	11 to 18	Wed.	5:00 PM - 6:00 PM	\$30.00	\$50.00
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Wellness Center & Equipment Orientations

2023	No Time Specified	\$0.00	\$0.00
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Wellness For Life Coaching Program



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2023

No Time Specified

\$0.00

N/A

Youth Fit

2023 Youth Fit

11 to 14

No Time Specified

\$0.00

\$0.00

Teen Programs

Join our Music Production Class for Teens! Be a part of a team of song writers, producers, engineers, and recording artists. *Please NOTE- Spring break week there will be no class on Wednesday, April 5th, 2023

Wellness Center & Equipment Orientations

A staff member will contact you to set up a date and time for you to learn about all the Wellness Center has to offer!

Wellness For Life Coaching Program



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A 30-45 minute meeting with a wellness coach/director that will help you explore and identify all the ways you can get involved with your membership to help with your health and wellness goals. Take yourself to their next step at the Y.

Youth Fit

YouthFit consists of 2 one-on-one sessions with a Certified Personal Trainer to learn proper techniques, wellness center rules and basic exercise guidelines. Completion of this program is required before using the Wellness Center independently. For youth ages 11-14.