

FOREVER WELCOMING



Welcoming Week
September 12-20



For a better us.

“FILL A BOX” FALL FOOD DRIVE

Be part of Welcoming Week and fill a box with the food items listed below. It's a practical way to be for immigrants and refugees in our community.

Pick up a box at your local Y during Welcoming Week; after you fill it, return it no later than September 26th. The food will go to immigrant and refugee neighbors being cared for through Amani Family Services and Catholic Charities.

To ensure consistency and a nutritious variety for children and their families, please pack as close to this list as possible. Everything listed will fit in the provided box:

- **1lb of spaghetti noodles**
- **5 packs of ramen noodles**
- **2 medium cans of chicken**
- **2 medium cans of green beans**
- **1 packet of 8 peanut butter crackers**
- **1 box of cereal bars**
- **1lb dry pinto beans**
- **1lb dry black beans**
- **1 bag of 6 inch corn tortillas**
- **1 bag of 6 inch flour tortillas**
- **1 bag of 8oz mexican cheese**



❖ *Taping the bottom of the box is suggested; do not tape the top of the box closed.*

Thank you for your support as we #lovecareserve our neighbors!

Learn about more Welcoming Week events with the YMCA of Greater Fort Wayne at fwymca.org/welcoming-week and welcomingfw.org/. Click here to learn more about Amani Family Services: amanifamilyservices.org/. Thanks to The River Church for helping fill boxes.



YMCA Mission: to put Christian principles into practice through programs that build healthy spirit, mind and body for all.