

FOR YOUTH DEVELOPMENT® FOR SOCIAL RESPONSIBILITY

YMCA of Greater Fort Wayne • 347 West Berry Street, Suite 500 • Fort Wayne, IN 46802 • fwymca.org

FALL 2020

SPIRIT

Dear Friends.

Making the most out of a difficult challenge can be hard. Optimism is a choice we can all make. Many of our friends and neighbors have experienced great hardship these past few months. Many are experiencing these challenges for the first time in their lives. Frontline workers are being stretched to their limits, families are experiencing the loss of a loved one, older adults are experiencing extreme isolation, children and parents are adjusting to new school schedules, business owners are closing shop for good, adults are being impacted by job losses and wage reductions and many people are experiencing personal stress related to security or safety. Choosing to be optimistic amidst these challenges feeds a sense of gratitude and appreciation.

I am grateful for a generous and supportive community during times like these. Each of you are doing something good by being part of the YMCA. I know you believe that the Y is more than a building or a membership card. I know it is better when we can be physically together building relationships and providing support for one another, but we can also be together in our commitment to strengthen the community. Your commitment shows a desire to be selfless and recognize that "For unto whomsoever much is given, of him shall be much required" (Luke 12:48). This generosity is the lifeblood of our organization.

Your continued membership and generous donations are helping the Y meet critical needs in the community including childcare, academic support programs, leadership development for teens, social connections for older adults, crisis intervention for vulnerable youth, disease prevention and more. The YMCA depends on earned revenue and donations to make this happen. Today, because of declining membership and program revenue, we are experiencing a financial challenge unlike anything we have ever faced. We are improving efficiencies and focusing on quality so the mission of the Y will continue to be delivered no matter what happens tomorrow. I know we will overcome this challenge and be even stronger in 2021. I choose to be optimistic.

Please consider an additional gift to support the Y during these difficult times. You can make a donation online at fwymca.org/donate. Please let me know if you have any questions about what the Y is doing to best prepare for the future. Thank you.

With gratitude,

Chris Angellatta President & CEO YMCA OF GREATER FORT WAYNE





# WINTER I SESSION DATES: Jan. 4 - Feb. 21



### **REGISTRATION OPENS:**

Y Members - Mon, Dec. 7

Program Participants - Mon, Dec. 14 Keep up-to-date with the latest Y news, events and programs and connect with other members. Like us on Facebook, ask us a question or share a story!



#### facebook.com/gfwymca facebook.com/WellsCountyYMCA facebook.com/FWCentralBranchYMCA facebook.com/JacksonRLehmanYMCA facebook.com/jorgensenymca facebook.com/parkviewfamilyymca facebook.com/RenaissancePointeYMCA facebook.com/SkylineYMCA

Not receiving YMCA emails? Visit fwymca.org/email to update your email preferences.



Scan this QR code or visit fwymca.org/app to download our mobile app.

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

## SAFE, CLEAN, & HEALTHY

At the Y, we continue to navigate these uncertain times by ensuring that a healthy and safe environment is available for our members and staff.

For example, staff are more frequently cleaning and sanitizing equipment, locker rooms, and shared spaces with a hospital grade disinfectant. Disinfectant misting continues to take place daily in weight rooms and locker rooms. Every night, a professional cleaning company or trained Y staff conduct nightly deep cleaning and sanitizing of our facilities.

As the United States copes with Covid-19, changes in everyday schedules have been disrupted and exercise routines have changed for many. Exercise is especially important right now because it can reduce stress, prevent weight gain, boost your immune system, and improve sleep. Although it may be tempting to skip your workout during these challenging times, it is important to stay active for your physical and mental well-being.





### THANK YOU FOR YOUR SUPPORT

We are grateful to Mike's Carwash, A YMCA Mission Partner, who recently raised over \$20,300 for the YMCA's Youth Service Bureau (YSB) through Wash For A Cause on July 10, 11 & 12.

Additionally, over \$24,000 was raised at the 7th Annual Sip and Support event on September 17. This event was held virtually this year, and made possible by many donors including Mike's Carwash, the Premiere Event Sponsor.

The Youth Service Bureau serves as an advocate for vulnerable youth by providing a variety of services and programs at no charge. Through advocacy, the YSB gives at-risk adolescents the tools, skills and support they need to succeed and grow into thriving adults and community members. We appreciate this support from Mike's Carwash and the opportunity to work with local organizations to make our community stronger!



## WELCOMING AND SAFE

"After moving for many years, our last adventure with the military came to an end and we found found the Jackson R. Lehman YMCA. For us, it became more than a facility to workout or exercise in. It became a place where we felt valued and like we belonged. Being at the Y has become a family activity now more than ever because we have never had the luxury of all being at the gym at once. It's even more pleasurable knowing that the atmosphere is always safe and welcoming.

#### 'Every problem or concern seems to float away the second we enter those doors and see everyone's smiling face.'

It brings us so much joy to see our three children's faces light up when they see this building, and know that no matter what the day brings we will always get a dose of happiness and positivity from all the staff and members we interact with. It feels good to have a sense of "home" in a place and community like the Y."

## **EMPLOYEE WELLNESS PAYS OFF**

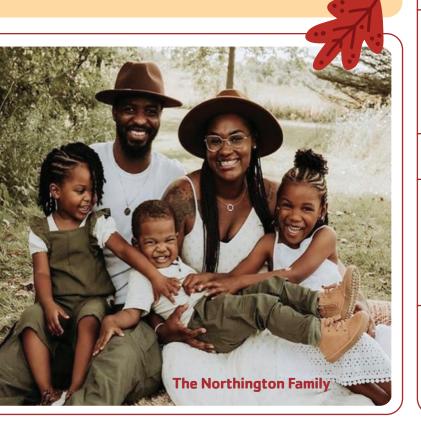
With the change in our health care landscape and the emphasis on employee wellness, businesses are seeking optimum ways to promote a healthy workplace. Partnering with the Y is a great way to improve employee wellness. Contact us for a FREE workplace wellness assessment.

To get started or for more information contact our Corporate Wellness Team at 260.422.6488 or HereForYou@fwymca.org.

## WORK HERE, CHANGE LIVES

The Y is looking for cause-driven leaders who want to bring about meaningful change in individuals and our community. If you have a passion for swim and water safety, apply to be a lifeguard. If you enjoy helping kids learn and grow, we have a variety of Before and After School positions located at sites in schools, churches and membership branches throughout Allen & Whitley counties.

One of the many benefits of working at the Y is a free membership! Other benefits include discounted YMCA programs, regular work schedule and a fun, family-friendly work environment. Interested in working at the YMCA? Contact your local Y, email **careers@fwymca.org** or visit **fwymca.org/ycareers**.



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Present this coupon at any YMCA in Allen, Whitley or Wells county and pay no enrollment fee when you join. (Or join online at fwymca.org)

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Here's to

your health!

Not valid with any other offers. Not retroactive. See location for details. Expires December 31, 2020. (Promo Code !NOV20)

Already a member? Share with a friend!

YMCA HOLIDAY HOURS	All Branches Closed
Christmas Eve Thu. Dec. 24, 2020	<ul> <li>4 am - 2 pm: Central Branch YMCA</li> <li>5 am - 2 pm: Jorgensen Family YMCA, Jackson R. Lehman Family YMCA, Parkview Family YMCA</li> <li>7 am - 2 pm: Renaissance Pointe YMCA</li> <li>5 am - 12 pm: Caylor-Nickel Fdn. Family YMCA, Whitley County Family YMCA</li> <li>Closed: Skyline YMCA</li> </ul>
Christmas Day Fri. Dec. 25, 2020	All Branches Closed
New Year's Eve Thurs. Dec. 31, 2020	<ul> <li>4 am - 2 pm: Central Branch YMCA</li> <li>5 am - 2 pm: Jorgensen Family YMCA, Jackson R. Lehman Family YMCA, Parkview Family YMCA</li> <li>7 am - 2 pm: Renaissance Pointe YMCA</li> <li>5 am - 12 pm: Caylor-Nickel Fdn. Family YMCA, Whitley County Family YMCA</li> <li>Closed: Skyline YMCA</li> </ul>
New Year's Day Fri. Jan. 1, 2021	8 am – 6 pm: Caylor-Nickel Fdn. Family YMCA, Central Branch YMCA, Jackson R. Lehman Family YMCA, Jorgensen Family YMCA, Parkview Family YMCA, Renaissance Pointe YMCA, Whitley County Family YMCA Closed: Skyline



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### THANK YOU TO THE FOLLOWING FOUNDATIONS & ORGANIZATIONS:



**G. Robert and Emma Studabaker Endowment Fund for the Physically and/or Mentally Challenged, administered by The Wells County Foundation, Inc.** – Helping to create a sensory room at the Caylor–Nickel Foundation Family YMCA is the purpose of a \$2,500 grant. Sensory rooms are especially beneficial to individuals with autism, sensory processing disorders and other disabilities, giving them a designated calming area with soothing sensory stimulation.

**Zollner Foundation** – Nurturing the potential of at-risk youth is the purpose of a \$30,000 grant. Funding will support teen programming at the Renaissance Pointe YMCA, featuring activities focused on academics, leadership, job and career readiness, arts and culture, teamwork and character building.

**United Way of Allen County** – Enabling the Y to upgrade technology at five branches to host the Credit Recovery program and provide academic support is the purpose of a \$51,191 grant. Credit Recovery allows high school students make up credits lost during last spring's Covid-19 quarantine.

**Lincoln Financial Foundation** – Giving youth educational opportunities outside of the traditional classroom is the purpose of a \$45,000 grant. The funding will support the Outdoor Education program at YMCA Camp Potawotami, Renaissance Pointe Y Summer Day Camp, and YMCA Before and After school Care at Southwick Elementary School.

**The Lutheran Foundation** – Providing funding for the Y's Youth Advocacy Initiative in 2021 is the purpose of a \$50,000 grant. Youth Advocates provide intensive long-term mentoring, education and support to vulnerable youth to help them create a path to success.

**Community Foundation of Greater Fort Wayne** – Nurturing the potential of vulnerable youth is the purpose of a \$45,000 grant. The funding will support teen programs at the Renaissance Pointe Y and the Status Offender Court Alternative Program at the YMCA Youth Service Bureau.

**Wells Fargo** – Delivering financial assistance to children and families in need in the form of reduced membership rates and program fees is the purpose of a \$10,000 grant for the 2020 YMCA Annual Campaign.

# MISSION PARTNERSHIPS

YMCA Mission Partners provide financial resources to strengthen our community and move us all forward. The continued support of these companies allows the YMCA to carry out our mission – making a meaningful, enduring impact in our community. To inquire how your business can become a Mission Partner, contact Nicole Hansen, Director of Mission Advancement, at 260.918.2144 or **Nicole\_Hansen@fwymca.org**.



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