

## Swimmer Qualifications

Swimmers who participate with the Sharks shall meet the following requirements:

- Are between the ages of 4 and 21.
- Have passed the YMCA's "Test. Mark. Protect." swim test.
- Have an active YMCA membership & have paid the required swim team fees. (Financial aid is available.)

## Group Qualifications

The Sharks offer practice groups for swimmers of varied skill & age levels. It is our goal to provide training that is skill level appropriate & challenging so that each athlete can reach their goals.

- **Grey Group:** Able to swim a 25 forward crawl and backstroke, may have a basic understanding of additional strokes
- **Bronze Group:** Legal in 3 of 4 strokes, building endurance, working on starts and turns, learning to read a pace clock.
- **Silver Group:** Legal in all 4 strokes, must be able to complete a 200 Free-style and a 200 IM to be placed in this group. Dryland introduced.
- **Gold Group:** More advanced ability and additional time in practice, able to swim all events at a meet. Goal of zones/nationals. High intensity and ready for a more challenging workout.

## TEACHING CHARACTER THROUGH EFFORT

Our focus, first and foremost, is on the development of healthy, confident, value-centered individuals. Training and competition are the vehicles by which this development occurs.

**Registration:** Registration begins August 17! Register early, as spots are limited!

**Swim Assessments:** Any new Shark swimmer will need to have a swim assessment. Our coaches will assess to ensure every swimmer is in the group that best fits their skills.

**Swim Assessment Dates:** August 8th 12-2pm at Jackson R Lehman. August 13th 5-7pm at Central Branch.

**Team Season:**

**Sept. 8, 2020 - March 2021**

Practice will continue for those choosing to compete in YMCA Indiana State Championship Swim Meet held in early March.

**Please contact Angela Lloyd at  
Angela\_lloyd@fwymca.org or call  
(260) 755-4933 if you have questions.**

## FWY SHARKS SWIM TEAM

### 2020-2021



**Central Branch YMCA  
Jackson R Lehman YMCA  
Fort Wayne, IN  
[www.facebook.com/fwysharks](http://www.facebook.com/fwysharks)**

## BECOME PART OF SOMETHING GREATER

**At the Y, you are not just a member of a team; you are part of something greater. You help fulfill our cause.**

### Our Cause

**At the Y, we strive to strengthen the community. Every day, we work side by side with our neighbors to make sure that everyone, regardless of age, income, or ability, has the opportunity to learn, grow, and thrive.**

**We are a leading nonprofit that offers opportunities:**

- **FOR YOUTH DEVELOPMENT**  
Nurturing the potential of every child and teen.
- **FOR HEALTHY LIVING**  
Improving the nation's health and well-being.
- **FOR SOCIAL RESPONSIBILITY**  
Giving back and providing support to our neighbors.

### Our Values

- **CARING**  
To love your neighbor as yourself.
- **HONESTY**  
To be truthful in words and actions.
- **RESPECT**  
Hold people and the environment in high regard.
- **RESPONSIBILITY**  
Lead with your words, actions and attitudes.

## Y Membership Rates

Type	Description	Monthly Rate
Student	Full-time students through age 25	\$20
Household	Two adults & IRS dependent(s)	\$75.50
1 Adult Household	1 adult & IRS dependent(s)	\$59.50

## Practices

Grey and Bronze practices will be held at the Jackson R Lehman YMCA. Silver and Gold practices will be held at the Central Branch YMCA.

Grey: Tuesday, Thursday, Friday  
Bronze: Monday–Thursday  
Silver: 4x per week  
Gold: 4x per week with an early morning option

Practice times vary depending on group.

The YMCA is a nonprofit organization whose mission is to put Christian principles into practice through programs that build healthy spirit, mind, and body for all. We believe that everyone in our community deserves the opportunity to become a part of our team and to have access to the services we provide. That is why we will never turn anyone away due to inability to pay. If you would like to privately discuss our levels of assistance, please call, stop by the Member Services desk at any of our branches, or visit [fwymca.org](http://fwymca.org).

## Swim Team Program Rates

In addition to the YMCA membership fee, the following swim team program fees apply depending on training group:

Grey Group: \$300 for season  
Bronze Group: \$325 for season  
Silver Group: \$400 for season  
Gold Group: \$425 or season

Training groups vary according to duration, frequency, intensity and swimming proficiency.

If you receive financial aid, it will be applied accordingly.

## High School Swimmers

Athletes who also swim for their high school are limited in their participation for meets and practices. In accommodation to these swimmers, the program fee is \$100 for those who elect to swim for both teams.

## Swim Meets

The Sharks swim a competitive meet schedule. Meets are held on Saturdays with an average of 2 meets per month. We compete with other YMCA teams in Indiana. Travel times to away meets are generally two hours or less. Transportation is not provided.

- If there is a State Championship or invitational meets, there will be a fee to participate and will be announced with meet registration.
- We encourage every swimmer to attend at least 1/3 of all meets, as this is a team sport & we would like the swimmer to recognize their investment in practice.