



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



A POSITIVE APPROACH TO FUN IN THE WATER

Adaptive Swim Lessons

YMCA OF GREATER FORT WAYNE

This class, designed for participants (ages 3+) who have special needs, focuses on basic water skills and water adjustment to help gain confidence in the water and improve kicking and stroking ability. Participants learn to feel more positive about themselves in a safe and relaxed environment that promotes success mixed with fun and play. Visit www.fwymca.org to register.



Locations and Times:

- | | |
|----------------------|-------------------------------------|
| • Caylor-Nickel | Thursday 6-6:45pm |
| • Jackson R. Lehman | Friday 6-6:45pm |
| • Jorgensen | Sunday 5:15-6pm, 6-6:45pm |
| • Parkview | Sunday 6-6:45pm; 6:50-7:35pm |
| • Renaissance Pointe | Monday 5-5:45pm, 6-6:45pm, 7-7:45pm |
| • Whitley County | Saturday 11:15am-12pm |
| • Central | Sunday 12-12:45pm |

For more information e-mail hereforyou@fwymca.org