# Swimmer Qualifications

Swimmers who participate on a YMCA of Greater Fort Wayne competitive swimming program, meet the following requirements:

- Are between the ages of 4 and 21.
- Have passed the YMCA's "Test. Mark.

Protect." swim test.

- Can take a deep water plunge, followed by a 25-yard swim without stopping and in good form.
- Can tread water for 30 seconds.
- Demonstrate basic knowledge in at least one other competitive stroke (breast stroke, back stroke, or butterfly).
- Have an active YMCA membership

#### **Practices**

All practices are held at the Central Branch YMCA located in downtown Fort Wayne. This facility provides a four-lane, 25-yard practice pool, as well as other recreation and fitness training opportunities in conjunction with our certified personal trainers.

Grey: M, TH Bronze: M, W, TH White: Mon. - Fri Blue: Mon. - Sat Gold: Mon-Sat

Practice times vary depending on group. All practices are complete by 7:30 pm during the week.

# TEACHING CHARACTER THROUGH EFFORT

Our focus is, first and foremost, on the development of healthy, confident, values-centered individuals. Training and competition are the vehicles by which this development occurs.

**Registration:** Registration begins August 13! Come early as some years we have had to have a waiting list.

**Swim Assessments:** If your child was not on the sharks last year they will need to have a swim assessment.

**Swim Assessments will be:** August 13th or August 15th 6:00pm-7:00pm

Team Season: September 4 - February 28

Practice will continue for those choosing to compete in YMCA Indiana State Championship Swim Meet held March 1-3.

Please contact Angela Lloydat
Angela\_lloyd@fwymca.org or call
(260) 755-4802 if you have questions.

# FWCY SHARKS SWIMTEAM 2018-2019



1020 Barr Street
Fort Wayne, IN 46802
260-422-6486
www.facebook.com/fwcysharks

## BECOME PART OF SOMETHING GREATER

At the Y, you are not just a member of a team; you are part of something greater. You help fulfill our cause.

#### **Our Cause**

At the Y, we strive to strengthen the community. Every day, we work side by side with our neighbors to make sure that everyone, regardless of age, income, or ability, has the opportunity to learn, grow, and thrive.

We are a leading nonprofit that offers opportunities:

- FOR YOUTH DEVELOPMENT-Nurturing the potential of every child and teen.
- FOR HEALTHY LIVING- Improving the nation's health and well-being.
- FOR SOCIAL RESPONSIBILITY- Giving back and providing support to our neighbors.

#### **Our Values**

Caring – To love your neighbor as yourself.

Honesty – To be truthful in words and actions.

Respect – Hold people and the environment in high regard.

Responsibility – Lead with your words, actions and attitudes.

### TEAM MEMBERSHIP COST

#### Y Membership Rates

Туре	Description	Monthly Rate
Student	Full-time stu- dents through age 25	\$19
Household	Two adults & IRS dependent(s)	\$72.00
1 Adult Household	1 adult & IRS dependent(s)	\$56.00

The YMCA is a nonprofit organization whose mission is to put Christian principles into practice through programs that build healthy spirit, mind, and body for all. We believe that everyone in our community deserves the opportunity to become a part of our team and to have access to the services we provide. That is why we will never turn anyone away due to inability to pay. If you would like to privately discuss our levels of assistance, please call, stop by the Member Services desk at any of our branches, or visit fwymca.org.

#### **Swim Team Program Rates**

In addition to the YMCA membership fee, the

following swim team program fees apply depending on training group:

Grey Group: \$275 for season Bronze Group: \$375 for season White Group: \$425 for season Blue Group: \$475 for season

Training groups vary according to workout type, average age, and swimming proficiency.

If you receive financial aid, it will be applied accordingly.

#### **High School Swimmers**

YMCA swimmers who also swim for their school are limited in their participation in YMCA meets. Because of this, the program fee for those who elect to swim for both teams is \$160 per HS swimmer.

#### **Swim Meets**

The sharks swim a very competitive meet schedule. Dual meets are usually held on Saturdays starting in October or November. There are typically 2-3 meets per month. We compete with teams in Indiana. Travel times to away meets are generally two hours or less. Transportation is not provided.

- For invitational meets, there is a \$ fee to participate.
- For the end of the season State Championship meet there is an extra cost to cover meet fees. This amount will be announced before the event.
- (All dual and invitational meets are optional but we encourage every swimmer to participate.)