



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MAKE A NEW CONNECTION TO THE GREAT OUTDOORS



**SIGN UP FOR
YOUR RIDE
TODAY!**

YMCA Trail Buddies Program

YMCA OF GREATER FORT WAYNE

Trail Buddies invites people who have a physical disability or cannot pedal a bike to go for a ride in the fresh air. This free, inclusive program allows adults and kids to be pedaled by caring, trained volunteers with our specialized bike.

For 30 minutes the rider will be pedaled along a trail near the Jorgensen Family YMCA. We have trained volunteers who will provide the rider with a new experience that is both relaxing and rejuvenating.

To get involved, contact Rebekah Coffey, Director of Adaptive Services, at rebekah_coffey@fwymca.org or (260) 755-4961.