

COME TO LEARN, RETURN TO SERVE



YMCA TEEN SUMMIT



LEADERSHIP, CHARACTER & SERVICE

Great Lakes YMCA Teen Summit July 13–July 18, 2020

Mount Vernon Nazarene University
Mount Vernon, Ohio



YMCATEENSUMMIT.ORG



YMCA TEEN SUMMIT PURPOSE

The purpose of the Great Lakes YMCA Teen Summit (also referred to as YTS) is to bring teens together for a training that will help them to develop new skills and grow as individuals. Through courses and group discussions led by Y Professionals and volunteers, participants will discover strengths and passion within themselves while helping to develop their peers. Meaningful experiences and reflection, coupled with enrichment and small group activities, will give our YTS teens real lessons they can apply at school, work or life.

YTS is a special opportunity students will remember for a lifetime. Long lasting friendships and personal bonds are formed. It is an exciting, supportive atmosphere for teens to learn about themselves and others; a safe space where teens get a break from the usual stressors and are free to have fun and try new things. YTS gives teens a voice and encourages them to be agents of change.



ALL SUMMIT TRAINING PROGRAM

Living our Cause

The Y's mission and cause will be brought to life so that teens can more easily create experiences for our their peers that align with our cause-centered culture.

Mission Possible

Learning about one's strengths and weakness is the focus of Mission Possible. By learning how we interact with others, teens at YTS will return home with an open mind and game plan for making a difference.

Agent of Change

Focusing on Teen Leaders Club development, fundraising and community service, teens will be equipped with resources and strategies on how to grow their teen programs back at their home Y

INTERACTIVE PROGRAMS

Daily Schedule

Breakfast
Morning Visions
All Summit Training
Lunch/Families
Period Class 1 & 2
Dinner
All Summit Activity
Families
Evening Reflections



SMALL GROUP PERIOD CLASSES

Personal Development

STEM
2020 Vision
Working with Active Older Adults
Life after High School
Stress Management
Theatrical Arts
Mentoring
Youth Relationships
Coaching and Leading Sports
Listen First/I Hear You
Heathy Living
Club Planning
Leaders Advisory Board Campaign

Recreation

Team Building
Camp Songs
Geocaching
Outdoor Survival
Basketball
Ultimate Frisbee
Flag Football
Soccer
Yoga
Meditation
Zumba
Hip Hop
Nerf Gun Battles



SPECIAL EVENTS

Talent Show
Messy Games
Dance
Game Show

Scavenger Hunt
Banquet
Service Project
Guest Speaker

YMCA TEEN SUMMIT MAKES A DIFFERENCE

"I'm a very shy person. YTS helped me to open up more and make friends."—Kate

"Taking what I learned at YTS I was able to help my leaders club raise \$1,000 for our YMCA's annual campaign. " - Hudson

"Being a member of Youth and Government and having the chance to participate in this leadership week will stay with me forever. I plan to use what I learned at the state capital"—Mike

"13 years later, I look back and realize the impact that going to the school has had on my life. I am now the head of a non-profit and teach students about leadership" - Carrie



WHO MAY ATTEND



YMCA Teen Summit is designed for youth ages 11-19 who have completed 5th-12th grade. Teens must be active in their local YMCA and participate in a Y program.

Examples of participating programs

Teen Leaders Clubs, Youth and Government

Achievers, After School Programs

Swim Clubs, Cooking Clubs

It is recommended that YTS be viewed as the next step for teens with some length of experience and proven responsibility at their local YMCA.

LEADERSHIP



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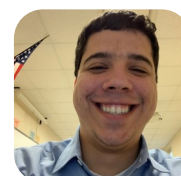
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IMPORTANT INFORMATION

Registration Fees:

All teens attending YTS \$350 (March 15—June 1, 2020) or \$400 (June 2—June 30, 2020)

Students in Training (SIT) fee is \$275

Staff Members fee is \$150. Limit 1 per 10 teen leaders. Each adult over the ratio will be \$300 per staff member.

No registrations will be accepted after June 30, 2020

All YMCA's will receive an invoice after registration.

Online Registration - www.ymcateensummit.org

Financial Assistance:

The YMCA believes in providing programs and services to all who desire to participate, regardless of their ability to pay. Financial Scholarships are available for those who qualify through your local YMCA. To register for financial aid go to www.ymcateensummit.org

Tax deductible donations to support our financial assistance program can be made by contracting Charlie Myer at cmyers@ohioymcas.org

Transportation:

Transportation to and from YTS will need to be arranged with your local Y. Participants are not allowed to drive to YTS without authorization from the school director.

Banquet:

We ask all attendees to dress in business casual (nice pants, button down shirt, dress shoes, dress or skirt) No jeans or gym shoes

Alumni, YMCA staff, parents or other guests are welcome to attend the banquet on Friday evening, July 17th, at 6pm. Advance reservations must be made prior to July 13th through Charlie Myer. To RSVP email cmyers@ohioymcas.org

Map and Emergency Phone:

A campus map is available at <https://www.mvnu.edu/>

In case of an emergency during the week at the YMCA Teen Summit, staff may be reached at: 419-632-1000



Check-In:

Resident halls will be open for move-in between 1:30pm and 2:30pm on Monday. The Leaders Advisory Board (LAB) will begin the first activity at 2:30pm

Departure:

YMCA Teen Summit will end following breakfast and should depart by 10:00am.

Meals:

Three meals per day will be served beginning with dinner on Monday through breakfast on Saturday. Students are responsible for their meals on the way to and from Mount Vernon Nazarene University. **Please note dietary restrictions on the registration form.**

What to Pack:

Gym clothes, gym shoes, club shirt—Wednesday, jeans, shorts, banquet attire, bed linens & pillow, towels, personal toiletries, PJs, water bottle, writing utensil, shower shoes, hand soap for bathrooms, spending money Do not bring scooters, bikes, roller blades or any other similar items indoors.

Housing:

Every student will be assigned to one of the dorms on the campus of Mount Vernon Nazarene University. Each area will be monitored by trained YMCA staff and boys and girls will be in separate dorms.

Dorm Rooms:

Bedding and linens will not be provided. Room mates will be assigned at random. Special circumstances should be requested of school directors in advance by parents.

