COME TO LEARN, RETURN TO SERVE

YMCA TEEN SUMMIT

LEADERSHIP, CHARACTER & SERVICE

Great Lakes YMCA Teen Summit
July 13–July 18, 2020

Mount Vernon Nazarene University
Mount Vernon, Ohio

YMCA TEEN SUMMIT.ORG

the YMCA
YMCA TEEN SUMMIT PURPOSE

The purpose of the Great Lakes YMCA Teen Summit (also referred to as YTS) is to bring teens together for a training that will help them to develop new skills and grow as individuals. Through courses and group discussions led by Y Professionals and volunteers, participants will discover strengths and passion within themselves while helping to develop their peers. Meaningful experiences and reflection, coupled with enrichment and small group activities, will give our YTS teens real lessons they can apply at school, work or life.

YTS is a special opportunity students will remember for a lifetime. Long lasting friendships and personal bonds are formed. It is an exciting, supportive atmosphere for teens to learn about themselves and others; a safe space where teens get a break from the usual stressors and are free to have fun and try new things. YTS gives teens a voice and encourages them to be agents of change.

ALL SUMMIT TRAINING PROGRAM

Living our Cause
The Y’s mission and cause will be brought to life so that teens can more easily create experiences for our their peers that align with our cause-centered culture.

Mission Possible
Learning about one’s strengths and weakens is the focus of Mission Possible. By learning how we interact with others, teens at YTS will return home with an open mind and game plan for making a difference.

Agent of Change
Focusing on Teen Leaders Club development, fundraising and community service, teens will be equipped with resources and strategies on how to grow their teen programs back at their home Y

INTERACTIVE PROGRAMS

Daily Schedule
Breakfast
Morning Visions
All Summit Training
Lunch/Families
Period Class 1 & 2
Dinner
All Summit Activity
Families
Evening Reflections

SMALL GROUP PERIOD CLASSES

Personal Development
- STEM
- 2020 Vision
- Working with Active Older Adults
- Life after High School
- Stress Management
- Theatrical Arts
- Mentoring
- Youth Relationships
- Coaching and Leading Sports
- Listen First/I Hear You
- Healthy Living
- Club Planning
- Leaders Advisory Board Campaign

Recreation
- Team Building
- Camp Songs
- Geocaching
- Outdoor Survival
- Basketball
- Ultimate Frisbee
- Flag Football
- Soccer
- Yoga
- Meditation
- Zumba
- Hip Hop
- Nerf Gun Battles

SPECIAL EVENTS
- Talent Show
- Messy Games
- Dance
- Game Show
- Scavenger Hunt
- Banquet
- Service Project
- Guest Speaker
YMCA TEEN SUMMIT MAKES A DIFFERENCE

“I’m a very shy person. YTS helped me to open up more and make friends.”—Kate

“Taking what I learned at YTS I was able to help my leaders club raise $1,000 for our YMCA’s annual campaign.”—Hudson

“Being a member of Youth and Government and having the chance to participate in this leadership week will stay with me forever. I plan to use what I learned at the state capital”—Mike

“13 years later, I look back and realize the impact that going to the school has had on my life. I am now the head of a non-profit and teach students about leadership”– Carrie

WHO MAY ATTEND

YMCA Teen Summit is designed for youth ages 11–19 who have completed 5th–12th grade. Teens must be active in their local YMCA and participate in a Y program.

Examples of participating programs
- Teen Leaders Clubs, Youth and Government
- Achievers, After School Programs
- Swim Clubs, Cooking Clubs

It is recommended that YTS be viewed as the next step for teens with some length of experience and proven responsibility at their local YMCA.

LEADERSHIP

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Andy Shreve, LAB Development
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**IMPORTANT INFORMATION**

**Registration Fees:**
All teens attending YTS $350 (March 15—June 1, 2020) or $400 (June 2—June 30, 2020)
Students in Training (SIT) fee is $275
Staff Members fee is $150. Limit 1 per 10 teen leaders. Each adult over the ratio will be $300 per staff member.
No registrations will be accepted after June 30, 2020
All YMCA’s will receive an invoice after registration.

**Online Registration** – [www.ymcateensummit.org](http://www.ymcateensummit.org)

**Financial Assistance:**
The YMCA believes in providing programs and services to all who desire to participate, regardless of their ability to pay. Financial Scholarships are available for those who qualify through your local YMCA. To register for financial aid go to [www.ymcateensummit.org](http://www.ymcateensummit.org)
Tax deductible donations to support our financial assistance program can be made by contracting Charlie Myer at cmyers@ohioymcas.org

**Transportation:**
Transportation to and from YTS will need to be arranged with your local Y. Participants are not allowed to drive to YTS without authorization from the school director.

**Banquet:**
We ask all attendees to dress in business casual (nice pants, button down shirt, dress shoes, dress or skirt) No jeans or gym shoes
Alumni, YMCA staff, parents or other guests are welcome to attend the banquet on Friday evening, July 17th, at 6pm. Advance reservations must be made prior to July 13th through Charlie Myer. To RSVP email cmyers@ohioymcas.org

**Check-In:**
Resident halls will be open for move-in between 1:30pm and 2:30pm on Monday. The Leaders Advisory Board (LAB) will begin the first activity at 2:30pm

**Departure:**
YMCA Teen Summit will end following breakfast and should depart by 10:00am.

**Meals:**
Three meals per day will be served beginning with dinner on Monday through breakfast on Saturday. Students are responsible for their meals on the way to and from Mount Vernon Nazarene University. Please note dietary restrictions on the registration form.

**What to Pack:**
Gym clothes, gym shoes , club shirt—Wednesday, jeans, shorts, banquet attire, bed linens & pillow, towels, personal toiletries, PJs, water bottle, writing utensil, shower shoes, hand soap for bathrooms, spending money Do not bring scooters, bikes, roller blades or any other similar items indoors.

**Housing:**
Every student will be assigned to one of the dorms on the campus of Mount Vernon Nazarene University. Each area will be monitored by trained YMCA staff and boys and girls will be in separate dorms.

**Dorm Rooms:**
Bedding and linens will not be provided. Room mates will be assigned at random. Special circumstances should be requested of school directors in advance by parents.